

# FRANKLIN FITNESS DAY SCHEDULE

SCIENCE  
PARK

**Philly  
Dodgeball**

10:00<sup>AM</sup>  
– 2:00<sup>PM</sup>

PHILADELPHIA UNION  
**Soccer Skills & Drills**

10:30<sup>AM</sup>  
– 12:00<sup>PM</sup>

PHILADELPHIA PHOENIX  
**Frisbee Skills**

12:30<sup>PM</sup>  
– 2:00<sup>PM</sup>

FRANKLIN  
THEATER

**Inside U Show**

11:00<sup>AM</sup>  
& 2:00<sup>PM</sup>

FRANKLIN  
HALL

ORANGETHEORY FITNESS  
**Dynamic Warmups**

10:45<sup>AM</sup>  
& 11:45<sup>AM</sup>

PHILADELPHIA UNION  
**Stretch Like A Soccer  
Player**

12:45<sup>PM</sup>  
& 1:45<sup>PM</sup>

BODY  
ODYSSEY

ROTHMAN ORTHOPAEDICS  
**Doctors Q&A**

10:00<sup>AM</sup>  
– 2:00<sup>PM</sup>

**Eye Dissection**

11:30<sup>AM</sup>

**Lung Dissection**

1:30<sup>PM</sup>

**Heart Dissection**

3:00<sup>PM</sup>